



Aurora
Mental Health
& Recovery



50 YEARS
ANNIVERSARY

Inspiring Courage. Building Hope.

ANNUAL REPORT 2025

Letter from CEO and Board Chair

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This Annual Report commemorates Aurora Mental Health & Recovery's 50th anniversary year serving the Aurora community.

Founded through the advocacy efforts of a volunteer citizen board collaborating with the Aurora City Council, the Commissioners of Adams and Arapahoe counties, and the state's Division of Mental Health, the Aurora Mental Health Clinic opened its doors in July 1975, providing outpatient and 24-hour emergency services to an Aurora community of fewer than 120,000 residents.

Fifty years later, and those initial collaborative relationships have continued and expanded to include school districts, healthcare organizations, human service agencies, first responders, and others. Together we have developed a comprehensive behavioral health resource for an Aurora community that has grown to more than 400,000 residents, the 52nd most populous city in the country.

The culmination of our 50th anniversary year is the completion of our new Potomac Pavilion, a state-of-the-art, one-stop access point for mental health and substance use care. The Potomac Pavilion is a direct response to

our Community Needs Assessment which identified crisis services, substance use treatment, and access to care among the most pressing needs in our community.

The \$43 million project was awarded several multi-million dollar grants from the state and three local governments responsible for distributing the American Rescue Plan Act funds enacted by the Biden Administration. We would like to publicly thank the following elected representatives and entities whose advocacy, sponsorship and support at the city, county, state, and federal levels enabled our being awarded the funds necessary to complete this vision:

City of Aurora, Mayor Mike Coffman, Council Member Francoise Bergan and the Aurora City Council; Arapahoe County and Arapahoe County Commissioners; Adams County and Adams County Commissioners; Colorado General Assembly members Senator Janet Buckner, Representative Chad Clifford, Senator Rhonda Fields, Representative Eliza Hamrick, Senator Iman Jodeh, Representative Mandy Lindsay, Senator Dafna Michaelson-Jenet, Representative Naquetta Ricks, Senator



KELLY PHILLIPS-HENRY
Chief Executive
Officer



CATHY WILDMAN
Board Chair,
2025

Tom Sullivan, Senator Mike Weissman, the late Senator Faith Winter; Governor Jared Polis and Behavioral Health Administration led by Commissioner Danette Smith; Signal Behavioral Health Network; U.S. Congressional members Congressman Jason Crow, Senator Michael Bennet, and Senator John Hickenlooper.

Other local friends like Denver Bronco Marvin Mims Jr. and Good Times Burgers also contributed significant advocacy and support for AMHR during our 50th anniversary year. We invite you to explore this Annual Report and learn more about AMHR's 50 year legacy in supporting the behavioral health and wellbeing of our Aurora community.

EXECUTIVE TEAM

Kelly Phillips-Henry, Chief Executive Officer
Kathie Snell, Chief Strategy & Operations Officer
Lori Banks, Chief Administrative Officer
Pete Stoller, Chief Financial Officer
Anne Garrett-Mills, Chief Medical Officer
Kirsten Anderson, Chief Clinical Officer
Tiffany Erspamer, Vice President of Clinical Operations
Amber Olson, Vice President of Clinical Operations
Cally Cripps, Chief Information & Innovation Officer
Katie Weihe, Chief Human Resources Officer
Beth Dazey, Executive Assistant & Board Liaison

AMHR BOARD OF DIRECTORS

OFFICERS

Chair – **Cathy Wildman**
Vice Chair – **Kevin Hougen**
Treasurer – **Cynthia Koenck**
Secretary – **Harrison Cochran**

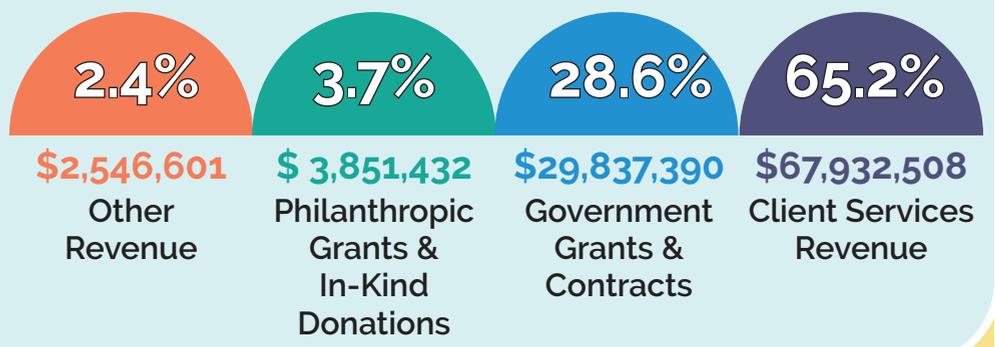
DIRECTORS WITH AFFILIATIONS

Marsha Berzins, Councilperson, City of Aurora (term limited)
Jaelyn Coates, Aurora Public Schools
Monica Colbert, Aurora Public Schools Foundation,
Harrison Cochran, Asian Pacific Development Center (former board member)
Jennifer Dale, Community College of Aurora

Commissioner Rhonda Fields, Arapahoe County
Gigi de Gala, Nelnet (retired)
Kevin Hougen, Aurora Chamber of Commerce (retired)
Jeffrey D. Johnson, Pathfinder Media Group
Cynthia Koenck, Arapahoe Community College
Tony Oum, FirstBank
David Patterson, Falck Rocky Mountain
Commissioner Emma Pinter, Adams County
Shane Portfolio, Congruex (formerly)
Teri Smith, ke'nekt
Mark Stephenson, Metropolitan State University of Denver
Cathy Wildman, Aurora Public School (retired)

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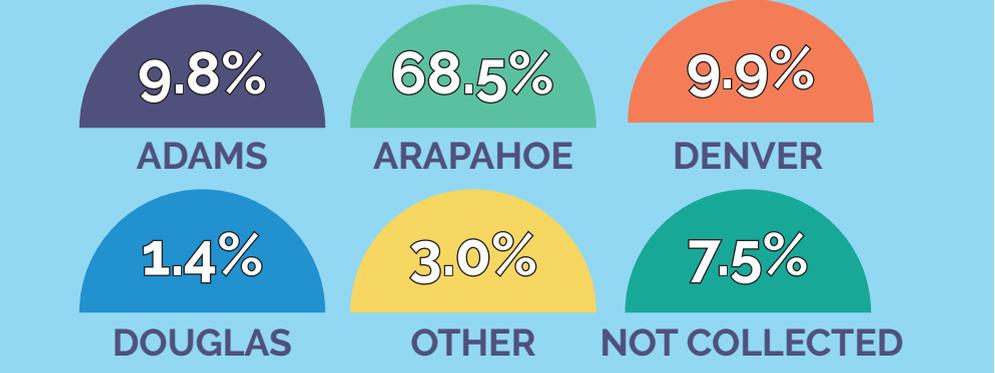
REVENUES \$104,167,931



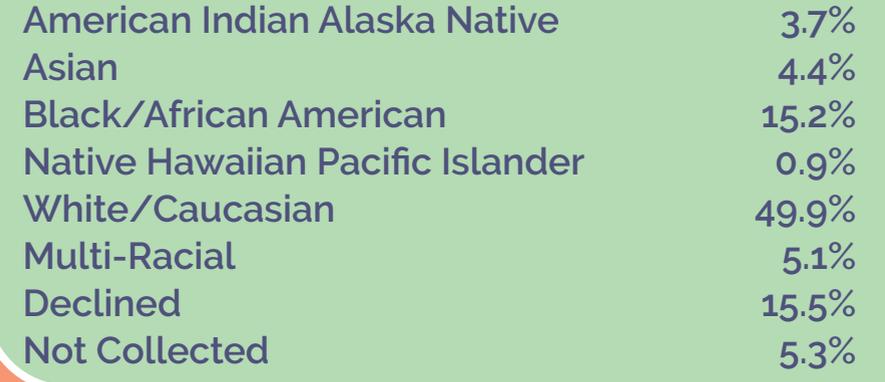
EXPENSES \$88,437,096



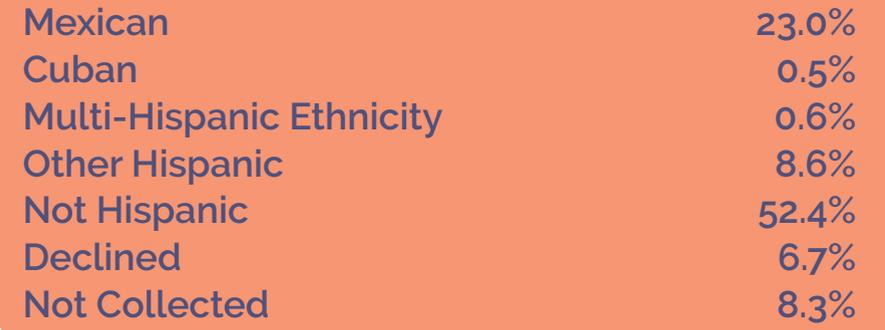
BY COUNTY



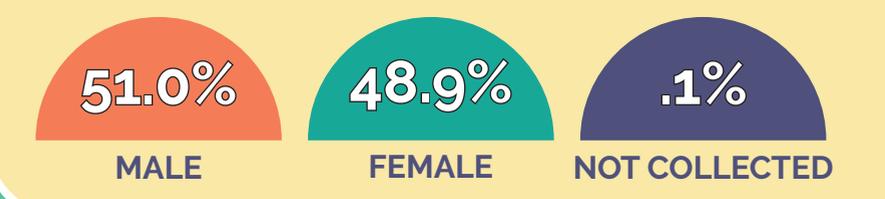
BY RACE



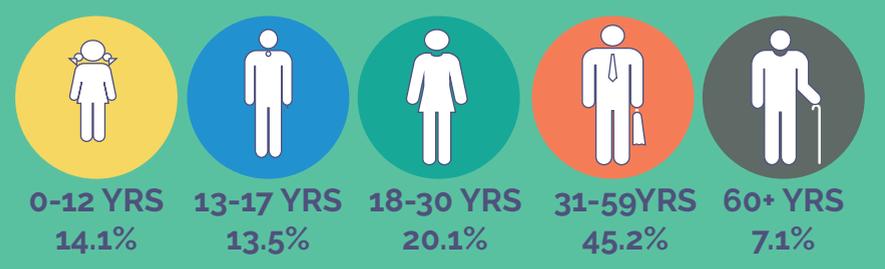
BY ETHNICITY



BY GENDER



BY AGE





Aurora Mental Health & Recovery 2025-26 Community Engagement and Assessment Response



In 2025, Aurora Mental Health & Recovery (AMHR) is advancing a comprehensive community engagement and assessment response centered on improving access to behavioral health services, strengthening community partnerships, and addressing emerging population needs. This work is anchored by the launch of a new centralized facility and the expansion of public education and outreach initiatives designed to reduce barriers to care and promote early intervention.

Major Facility Launch: Potomac Pavilion Integrated Care Model

The Potomac Pavilion consolidates several programs that were previously dispersed across multiple locations, creating a streamlined system of care for both self-referrals and emergency referrals. The facility is designed to reduce confusion during mental health crises and to provide a clear alternative to hospital emergency departments.

Core Services

The Potomac Pavilion offers a full continuum of behavioral health services, including:

- **Connect to Care (C2C):** Same-day, non-emergency mental health screenings, therapy, evaluations, and clinical case management. This service opened on January 26, 2026, and operates Monday through Friday, 8:00 a.m. to 6:00 p.m.
- **Crisis Walk-In Clinic (WIC):** A 24/7 emergency access point providing immediate screening, stabilization, and intervention for individuals experiencing a mental health or substance use crisis. The clinic opened on January 31, 2026.

- **Crisis Stabilization Unit (CSU):** A 16-bed short-term residential unit offering 1–5 days of acute care in a supportive, therapeutic environment.
- **Withdrawal Management:** Formerly East Metro Detox, this program provides medically supervised withdrawal support and short-term inpatient care for individuals seeking recovery from substance use.

The facility includes a dedicated ambulance bay, allowing first responders to transfer individuals directly to behavioral health services and reducing unnecessary utilization of hospital emergency rooms.

Community Engagement and Education

AMHR's 2025 community engagement strategy emphasizes proactive outreach, skill-building, and public education to strengthen community resilience and reduce stigma associated with mental health and substance use challenges.

Public Training and Education

AMHR, in collaboration with community partners, is offering live and virtual training throughout the year. These sessions are designed to equip community members,

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caregivers, and professionals with practical tools to recognize and respond to behavioral health needs. Planned trainings include:

- **Mental Health First Aid for Adults and Youth is available in interactive 8 hour courses.** They can also be conducted as seminars, in one day or across multiple days to accommodate busy schedules.
- **Speakers Bureau – committed to increasing awareness of mental health and wellness while decreasing stigma throughout the community.** This service is available to all groups and organizations interested in providing knowledge and understanding to their staff, residents, and members

alike. Our professional staff will share their knowledge and expertise on a variety of mental health and wellness topics.

- **Training for Future Mental Health Professionals –** AMHR offers one of the best internship programs in the country, providing outstanding clinical training to future mental health professionals. Our internships open the door to exciting career opportunities. Interns range from undergraduate students to those at doctoral levels, pursuing psychology, psychiatry, nursing, social work, counseling, business, research, communications, computers, and related fields.

These trainings support early identification of crises and promote confidence in accessing appropriate resources.

Assessment Findings and Strategic Response

Recent community assessments and regional health planning efforts have informed AMHR's 2025 priorities and strategic direction.

Identified Access Barriers

Assessments revealed that, unlike physical health emergencies, mental health crises often lack

clear and well-known access points. This gap has historically led to delays in care, inappropriate use of emergency rooms, or involvement with law enforcement. The creation of the Potomac Pavilion directly responds to this need by providing a highly visible, centralized entry point for behavioral health services.

Priority Focus Areas

Regional health plans for 2025 emphasize economic security, mobility, and personal safety as foundational components of mental health. In response, AMHR is integrating case management, housing navigation, and resource coordination into its clinical service model to address social determinants of health alongside treatment.

Population Trends

Data indicate rising rates of depression and anxiety among school-aged youth. As a result, AMHR is prioritizing early intervention, family engagement, and youth-focused programming as a core component of its 2025 response.

2025 Community Outreach Goals

Through these combined efforts, AMHR's community outreach goals for 2025 included:

- Successfully integrating the Potomac Pavilion into Aurora's behavioral health safety net and serving

an estimated 10,000 community members in its first year of operation.

- Simplifying access to crisis and non-emergency behavioral health services for residents, families, and first responders.
- Reducing reliance on hospital emergency departments for psychiatric emergencies.
- Expanding culturally responsive services following the merger with the Asian Pacific Development Center (APDC), including enhanced language access, immigrant and refugee support, and strengthened community partnerships.
- Increasing public awareness, mental health literacy, and confidence in seeking help through education and stigma-reduction efforts.
- Providing targeted outreach and intervention for vulnerable populations, including individuals experiencing homelessness, school-aged youth, and individuals in acute crisis.

Together, these initiatives reflect AMHR's commitment to building a coordinated, accessible, and community-centered behavioral health system that meets the evolving needs of Aurora and Metro area residents in 2025-26 and beyond.



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Aurora Mental Health & Recovery Partnership with Marvin Mims Jr.



Aurora Mental Health & Recovery (AMHR) has established a meaningful partnership with Marvin Mims Jr. of the Denver Broncos. What began as a few radio spots during Broncos football games has grown into a true partnership and a valued addition to the AMHR family.

Through conversations and interactions with Marvin—beginning with our Potomac Pavilion Hard Hat Tour last May—we learned that the Mims family has a long-standing history of working in and advocating for mental health. Marvin's grandmother, Dr. Jacqueline Mims, is the CEO of Eclectic Cognitive Behavioral Center, which operates in Louisiana, Mississippi, and Texas. Dr. Mims holds a Doctorate in Psychology and a Doctorate in Special Education. Marvin's sister, Raven Mims, serves as the Clinical Manager at the McKinney/Frisco office of Eclectic Cognitive Behavioral Center and is both a Licensed Professional Counselor and a National Certified Counselor.

The Mims family is deeply supportive of and aligned with AMHR's mission. Dr. Jacqueline



Mims, her husband Rufus, Marvin's father Marvin Sr., and his sister Raven all participated in an AMHR commercial promoting Colorado Gives Day, further demonstrating their commitment to behavioral health advocacy.

Marvin Mims Jr. has consistently shown his willingness to support AMHR in meaningful ways. In 2025, we launched what will become an ongoing series of school visits and student engagement activities with Aurora Public Schools and Cherry Creek Public Schools. Marvin spent

an afternoon with more than 200 students at Arkansas Elementary School in Aurora, where students had the opportunity to ask questions and take photos with "an actual Denver Bronco," as one student excitedly shared.

Beyond the excitement, Marvin delivered a powerful message to students, addressing topics such as handling negativity and criticism. When asked how he deals with "haters," Marvin responded, "I don't take criticism from someone I wouldn't take

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advice from." Principal Lori Petersen expressed her appreciation for the message Marvin shared and noted that the visit was an experience the students would not soon forget.

This school visit received an Honorable Mention Award from the NFLPA (National Football League Players Association), providing AMHR with national exposure. The event was also covered by more than six local media outlets. Marvin's father, Marvin Sr., shared that he and Marvin's mother, Rhonda, are "more proud of Marvin Jr. for doing this than anything he does on the football field."

Marvin also selected AMHR

as his charity of choice for the NFL's "My Cause, My Cleats" campaign. Now in its tenth season, this initiative allows NFL players, coaches, and staff to wear custom-designed cleats to elevate causes and nonprofit organizations that are important to them.

Through this campaign, AMHR's mission has reached not only the local community but audiences across the entire NFL. In addition, Marvin Mims Jr. has partnered with Colorado-based Good Times Burgers, which has selected AMHR as its charity of choice. Good Times has committed to donating 10% of one day's proceeds to AMHR across its 27 Colorado locations, creating another opportunity for community engagement and future collaboration. Looking ahead, the future of AMHR's partnership with Marvin Mims Jr. and the Mims family is very strong. Plans are underway to expand school visits and collaborate with Unified

Sports Programs during the upcoming offseason. These programs, offered in partnership with Special Olympics Colorado, pair students with and without disabilities in middle and high schools to participate in sports such as basketball, track, soccer, and bowling. As a designated Unified Distinguished District, Aurora Public Schools emphasizes inclusion, teamwork, and friendship, including the use of specialized equipment for athletes who use wheelchairs. AMHR is deeply grateful to Marvin Mims Jr. and the entire Mims family for their continued support, advocacy, and commitment to advancing behavioral health awareness and inclusion in our community.



#19, Wide Receiver

MARVIN MIMS JR.

AURORA MENTAL HEALTH & RECOVERY



COVERING COLORADO FIRST

MARVIN MIMS JR VISITS STUDENTS

ARKANSAS ELEMENTARY SCHOOL, AURORA

CBS NEWS COLORADO

24 PM HEADLINES

ULTING MAN IN WHEELCHAIR



AMHR Success Stories – Why We Serve!

■ An adult client has lived for years with chronic depression and recurring suicidal ideation, which repeatedly disrupted the client's ability to work and left them feeling hopeless about the future. Through consistent therapy, group services, and medication support, the client began to understand the roots of their depression, develop coping skills, and develop a plan for life. During a period of increased suicidal ideation, the client briefly lost Medicaid

and went without services for over a month. Despite weekly safety check-ins and crisis support, the interruption significantly impacted their progress at a critical time. Once Medicaid was restored, the client reengaged fully in care and remains highly motivated. Their growth has extended beyond themselves—and they now share coping tools and hope with loved ones who are struggling as well.

— *Outpatient Adult*

■ A 13-year-old with a long history of trauma related to family dynamics entered therapy struggling to feel safe or heard. Over time, the client processed their trauma, built confidence, and found their voice. Multiple DHS reports were made during treatment, but the strength they developed in therapy allowed the client to advocate for themselves. The client was ultimately able to leave an emotionally abusive household and move in with supportive family members. The client is now continuing therapy, exploring their identity, and expressing themselves freely through their appearance and relationships with extended family they were previously unable to know.

— *School-Based Services*



■ An elementary school student was diagnosed with Major Depressive Disorder. They experienced recurrent suicidal ideation and had attempted suicide once. This client also struggled with severe social anxiety at school. In therapy, they learned coping strategies to manage suicidal thoughts and participated in family sessions. These sessions prepared them to express their needs to family. With support, they communicated symptoms and collaborated with family on how they could help at home. The client now reports feeling heard and supported, and suicidal thoughts have diminished. The client is now able to get through the school day without requiring additional crisis support.

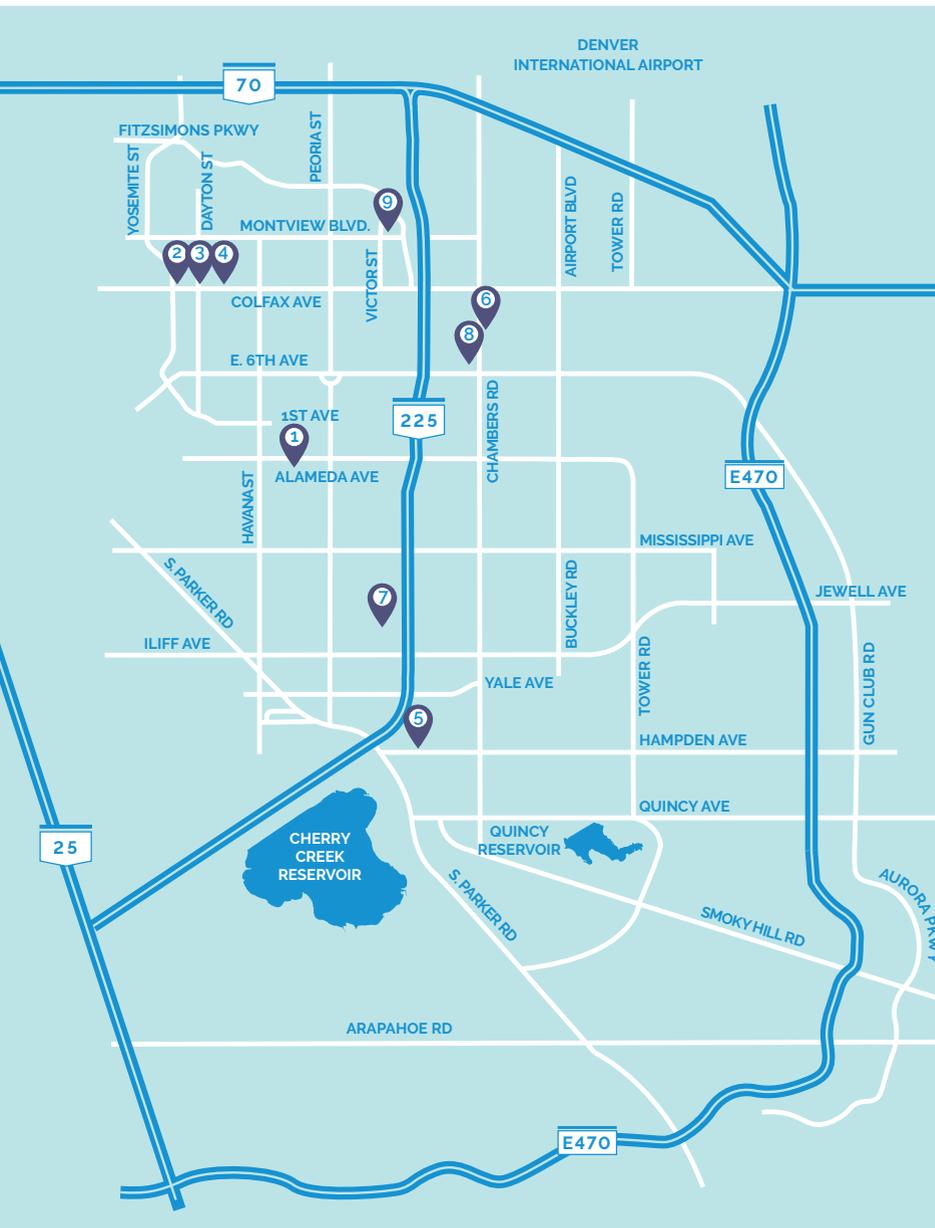
— *School-Based Services*

■ An adult client with severe psychosis and cognitive impairment had wanted to work for many years but faced multiple barriers. A Supported Education and Employment Specialist worked closely with them for months, coaching interview skills and workplace behavior. When employment was secured, transportation barriers threatened the opportunity. The specialist provided daily transportation and on-the-job support for several weeks until a long-term solution was arranged. The client has maintained employment, is saving money, and reports increased pride and investment in recovery.

— *ASCENT*



OUR LOCATIONS



- 1 ALAMEDA**
 10782 E. Alameda Ave., Aurora, CO 80012

 - Forensic Services
 - Reset: Recovery Services
- 2 ALTON**
 1537 Alton St., Aurora, CO 80010
 Cultural Development & Wellness Center – Alton

 - Adult Education
 - Asian Pacific Clinic and Health Navigation – Alton
 - Colorado Language Connection
 - Victim Assistance
 - Youth Leadership Academy
- 3 ELMIRA**
 1544 Elmira St., Aurora, CO 80010

 - Homeless Services
- 4 GALENA**
 1504 Galena St., Aurora, CO 80010
 Cultural Development & Wellness Center – Galena

 - Refugee & Immigrant Clinic and Health Navigation – Galena
- 5 HAMPDEN**
 14301 E. Hampden Ave., Aurora, CO 80014

 - Autism & I/DD Counseling Center – Youth
 - Child & Family South
 - Intensive In-Home Team
 - Older Adult Counseling Center
 - Southeast Counseling Center
- 6 LEVERSEE**
 1290 Chambers Rd., Aurora, CO 80011

 - Child & Family North
 - Early Childhood & Family Center
 - School-Based Services
- 7 POTOMAC PAVILION**
 1290 S. Potomac St., Aurora, CO 80012

 - Connect to Care*
 - Crisis Stabilization Unit (24/7)
 - Crisis Walk-In Clinic (24/7)
 - Withdrawal Management (24/7)* (Formerly East Metro Detox)
- 8 STITH CENTER**
 791 Chambers Rd., Aurora, CO 8001

 - Administration Offices
 - APA Pre-Doctoral Internship
 - Ascent & Ascent Step-Down
 - Assertive Community Treatment
 - Aurora Research Institute
 - Autism & I/DD Counseling Center – Adults
 - Clinical Records
 - Community Connections
 - Community Living Program
 - Competency Restoration
 - Genoa Pharmacy (non-subsiary of AMHR)
 - Hospital Liaison Services
 - Information Technology
 - Medication-Assisted Treatment
 - Nursing (Inpatient & Outpatient)
 - Psychiatry Access Clinic
 - Post-Doctoral Fellowship
 - Transcranial Magnetic Stimulation
 - Vocational Services
- 9 VICTOR ST.**
 2206 Victor St., Aurora, CO 80045

*Supported in part by Arapahoe County Aid to Agencies Grant

GET IN TOUCH

(303) 617-2300
 AuroraMHR.org



@AuroraMHRorg



auroramentalhealth



@AuroraMentalHealth



@Aurora Mental Health & Recovery



@auroramentalhealth3685

OUR HISTORY

1975 Aurora Mental Health Center (AuMHC) is formed and opens to the citizens of Aurora! AuMHC offers three primary services: outpatient counseling, 24- hour emergency services, and consultation/education.

1978 Dr. Randy Stith joins as Executive Director. AuMHC adds more core services. 1980-1990: HA, MCC, ACLS, ECFC, Mrachek House are open for services.

1980–1989 AuMHC launched several core programs that still influence the organization's structure, including the launch of Hampden Academy (1980), Metro Children's Center (1986), Aurora Center for Life Skills (1986), Early Childhood & Family Center (1989), and new national partnerships.

1998 Growth and service to the community continues. AuMHC expands to employ more than 300 people, operate six outpatient facilities and five residential facilities.

2000 AuMHC Celebrates 25 Years

2012 AuMHC becomes the lead agency for support services provided to survivors, their families and the Aurora community at large after the Aurora Theater Shooting. Aurora Strong Resilience Center opens, providing a safe space for the community to heal.

2014 AuMHC's Mental Health First Aid program is recognized with the "Outstanding Organizations Achievement" Award.

2018 After 40 years of service. CEO Randy Stith, Ph.D., retired. The Board of Directors for Aurora Mental Health Center conducted a nationwide search process and selected Kelly Phillips-Henry, Psy.D, MBA, as its new CEO.

2023 AuMHC became Aurora Mental Health & Recovery (AMHR) – the same organization with a fresh new brand. With this re-brand, we are making a promise to act with care, put our clients and community first, and rise to any challenge that comes our way.

2025 In January, AMHR opened Potomac Pavilion, the ultimate one-stop access point for mental health and substance use care in Aurora. This 24/7 facility provides same-day service and referrals for both inpatient and outpatient mental health and substance use treatment.



Aurora
Mental Health & Recovery

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