

# Why Choose Aurora Mental Health Center for Help?

Are you or a loved one struggling with addiction and the personal and professional chaos it can create?

Substance Use Disorder, often referred to as "addiction," affects more than 20 million Americans over the age of 12. While important, we know that people are more than numbers. We understand that each person is unique and requires a recovery plan custom to their needs. With over 42 years of serving our community, Aurora Mental Health Center has developed evidence-based services that help people achieve their recovery goals.



EAST METRO

## DETOX & RECOVERY CENTER

A PROGRAM OF

Aurora Mental Health Center  
Live Life to the Fullest



### Outpatient Services

**1** Alameda Center  
10782 East Alameda Avenue  
Aurora, CO 80012

**Monday - Saturday**  
**Call 303.617.2300**

### Detox (Withdrawal Management)

**2** East Metro Detox & Recovery Services  
(Temporary Location 3rd Floor)  
2206 Victor St, Aurora, CO 80045

**Available 24/7/365**  
**Call 303.923.6888**

## SUBSTANCE USE and RECOVERY SERVICES



Begin recovery  
Repair relationships  
Rediscover hope

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# Outpatient Services



## Traditional Outpatient Treatment

These services are customized for each person's recovery needs. Services may include individual therapy sessions, group therapy sessions, and the development of skills and techniques for sober living.

## Intensive Outpatient Treatment

Group and individual therapy sessions focused on strategies that promote recovery and accountability.

## Teen Outpatient Treatment

Designed for individuals 12-17 years old. Teens will engage in one-on-one, group, and family therapy sessions.

## Specialized Women's Treatment

Gender-responsive treatment for women.

## Family and Couple's Therapy

Family members and significant others are important to an individual's recovery. Family and couple's therapy creates a healthy environment for open and honest communication.

## DUI Education and Therapy

Classes and therapy sessions designed for those convicted of a DUI. We offer **Level I** and **Level II** Education and **Level II** Therapy.

## Screening and Evaluations

Substance use screening is available to help determine if a specific substance is present in an individual's system.

Evaluations are designed to establish the presence or absence of a diagnosable substance use issue. The evaluation results will also determine the appropriate type of treatment needed.

## Additional Services

- Case Management
- Vocational Counseling
- Referral and Advocacy
- 24/7 Urine Analysis and Breathalyzer Monitoring
- Medical Assisted Treatment (**Coming Soon**)

# Detox

*(Withdrawal Management Services)*

These inpatient services are for adults 18 years or older who are intoxicated or in withdrawal. We provide safe place to detox, recover, and explore treatment options.

For information about detox services, please call 303.923.6888. This number can be called 24/7/365.



For more information or to access all programs, call **303.617.2300** or email [recoveryud@aumhc.org](mailto:recoveryud@aumhc.org).

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